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IS ETERNAL VIGILANCE

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### Home of the Veteran

Since 1911, not-for-profit RSL LifeCare has been developing connected and vibrant communities, for veterans and seniors with personalised care and services that suit your lifestyle.

Throughout our 28 Retirement Villages, 27 Residential Aged Care facilities, and via Home Care services across NSW and ACT we help you stay independent and safe in your own home or one of ours.

RSL LifeCare remains true to its mission – to provide peace, security and care to veterans and all seniors.

Home Care

Retirement Living

Residential Aged Care

Veterans Services



# THIS MONTH











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#### **SNAPSHOT**

Old Bar Beach RSL sub-Branch.



#### **RAY JAMES OAM** PRESIDENT. **RSL NSW**

"Some sub-Branches have grown their membership and local impact by great measure; others with already-strong local impact can support important initiatives for the wider veteran community."

emembrance Dav has become a true commemoration of all veterans, their experiences and their sacrifices. At the rising of the sun, with a bugler playing the Last Post and vibrant poppies scattered across the Opera House sails, we paid tribute to WWI soldiers.

Later, ahead of the official state commemoration service at the Cenotaph, I gathered with some 30 RSL NSW members of more recent generations, chatting about their service, their communities and what commemoration means for them. We spoke of respect and honour, and of the chance to spend time with mates they'd served alongside.

Respect and honour were, of course, on centre stage at 11am. Surrounded by veterans - from Vietnam. Middle East Operations, peace-keeping, 'the great peace' - I was struck by the enormity of our shared responsibility to preserve commemorations and the community, for all of the veterans present.

Now, as we approach the end of the year, we reflect on our highlights of 2022. There are many, the majority under the umbrella of sub-Branch-led growth and renewal.

At State Congress we heard of sub-Branches that have grown their membership and their local impact by great measure, and others whose already-strong local impact allows them to support important initiatives for the wider veteran community. such as Maroubra's financial support for a recent 50th anniversary trek of Kokoda attended by serving Defence members and veterans.

In the new year, we will commemorate the 50th anniversary of the end of Australia's involvement in the Vietnam War. We welcome members of the Legion of Ex-Servicemen and Women to our ranks as we mark this anniversary.





**JON BLACK CEO, RSL NSW** 

rom the stage at State Congress, I had the wonderful experience of seeing familiar. passionate sub-Branch leaders, shoulder to shoulder with many members who hadn't been part of the event previously.

Young veterans have joined sub-Branches, been welcomed onto the executives and were sent to represent those sub-Branches at State Congress.

For the first time in 40 years, we're seeing this growth in membership numbers and hearing about it from sub-Branches. As of October, more than 2.000 new members had joined this year, many under the age of 50. This has reduced the average age of new members from 78 in 2019 to 72 in 2022.

This is a direct measure of the success of the RSL NSW Strategic Plan 2021-26 implementation which Congress delegate polling found high levels of support for. In fact, when we asked delegates whether they support

the plan's measures to increase membership, only three out of the 235 delegates who responded opposed the plans.

The Strategic Plan's impact on our ability to fulfil our charitable purpose has also prompted the Cumberland RSL sub-Branch to contribute generously to its implementation - announcing a \$2 million donation.

The future of a strong RSL throughout this state is more certain now than 12 months ago.

We still have work to do, but I am confident now that we have the will and the momentum - we can work together as one RSL to ensure continued support and assistance to veterans and their families, commemorations so that the public always remembers and honours the sacrifices of veterans, and a powerful collective lobbying and advocacy voice.





#### THE RETURNED AND SERVICES LEAGUE OF AUSTRALIA (NEW SOUTH WALES BRANCH)

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# SPORT & RECREATION PILOT SUCCESS

he highly successful RSL NSW Sport and Recreation Pilot, launched in March 2022, has now ended.

This program is a key component of the Strategic Plan 2021-26 and supports the League's goal to grow membership and help other veterans and their families.

A post-pilot survey of RSL NSW members found a 41% increase in sport and recreation activities being organised by sub-Branches at least quarterly – showing a direct and positive impact on the lives of participants as a result of the pilot.

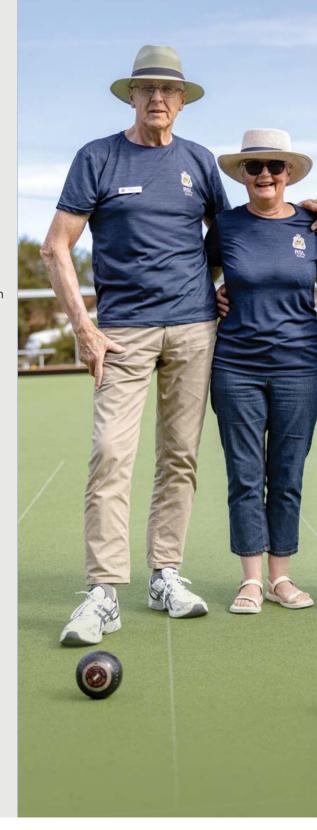
The survey also gauged respondents' perception of connection with other veterans and their sub-Branches, with 73% of members feeling connected to their sub-Branches, compared to 50% prior to the program. More than half feel connected to their local community of veterans and their families, and almost four in 10 feel connected to other sub-Branches.



"The program
has done wonders
for my mental
health. It's fun,
family friendly and
helps me get out
of the house,"

"This has been the most positive program I have seen come out of RSL NSW. This is what membership should be about."

"An absolute winner for RSL NSW in achieving its goal of a younger membership." "It's helped bring veterans together in a social setting, and has been incredibly helpful for my mental wellbeing."







#### NATIONAL FORUM FOR AUSTRALIAN ESOS

RSL Australia hosted a National ESO Forum, the first in a series of planned events to address the emerging findings of the Royal Commission into Defence and Veteran Suicide.

epresentatives from Australia's leading ESOs met with Commissioners Mr Nick Kaldas APM, The Hon James Douglas KC and Dr Peggy Brown AO in November to discuss how to meet the urgent needs of veterans and their families.

"While the Royal
Commission's Interim
Report largely focused
on the Department of
Veterans' Affairs, claims
processing backlogs and
the support available to
veterans giving evidence at
hearings, the RSL recognises
that there are improvements
that can and need to be

made in the ESO sector," said RSL Australia National President Greg Melick.

"We know that addressing the findings of the Royal Commission can't be done by any one organisation alone - we must demonstrate our commitment to working together.

"Our National ESO Forum represents the expertise the RSL has gained over its 106-year history, and the event demonstrates our commitment to working with the wider ESO sector to maximise the wellbeing of Australia's veteran community."



#### **LEARN MORE**

Use the QR code to read how RSL NSW is already acting on the recommendations from the Royal Commission Interim Report, and what ground there is yet to cover.

### LAUNCH OF THE VETERANS' CATALOGUE



o empower veterans and their families to more easily find and access services and support, RSL Australia has partnered with veteran-owned technology provider Servulink to develop the Veterans' Catalogue.

It simplifies access to more than 1,500 service providers across 12 wellbeing categories, based on research from the Australian Institute of Health and Welfare, and informed by veteran needs.

"Any veteran or family member can access the app and find local assistance, whether that's RSL sub-Branch resources or through another provider," said RSL NSW President Ray James OAM.

"It's also an incredibly valuable tool for sub-Branch members to assist their local veteran communities. With information at their fingertips, members can assist local veterans to reach out and seek support on the spot – with this tool, we can greatly reduce some of our community's stresses."



ACCESS NOW
Use the QR code to open the Veterans'
Catalogue app on rslaustralia.org



#### **LEGION JOINS RSL NSW**

RSL NSW welcomes the merger of the Australian Legion of Ex-Servicemen & Women, or Legion.

All members of Legion have now automatically become members of RSL NSW and will be remembered in perpetuity on 10 October each year, the anniversary of the date Legion was incorporated in 1944.

The merger with the Legion is an initiative of Goal 3 of the RSL NSW Strategic Plan 2021-2026, which involves growing membership to help all veterans. RSL NSW welcomes a merger with any other ESO looking to secure its future, and which is unable to maintain membership or ongoing fundraising to support its charitable purpose.



LEARN MORE
Use the QR
code to explore
the Strategic
Plan 2021-26.

#### **CUMBERLAND PLEDGES \$2 MILLION**

Cumberland RSL sub-Branch has contributed \$2 million to support the implementation of the RSL NSW Strategic Plan 2021-26, helping RSL NSW to fulfil its charitable purpose of supporting veterans and their families. Find out more on pg 31.



Use the QR code to find out how your sub-Branch can contribute to the future of veteran support in NSW.





# 90<sup>TH</sup> ANNIVERSARY

NON-STOP RUN MEN'S WATCH

1928 2018



Limited to just 4,999 editions each individually numbered

0101



Reverse engraved with half-way sign and event date

Gold-plated casing and genuine leather strap

Flying Scotsman thundered along the tracks, billowing white smoke – the roar of the engine a loud declaration of the powerful locomotive's record-breaking achievement of a nonstop journey between London's King's Cross and Edinburgh's Waverley Station on the Is May 1928 - 90 years ago.

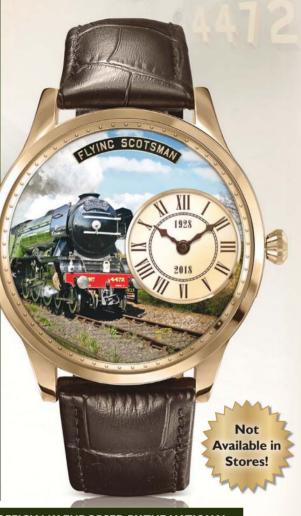
Produced under licence from SCMG Enterprises Ltd. Flying Scotsman trademarks ® SCMG and designs © SCMG. Flying Scotsman is a National Railway Museum locomotive. Each purchase supports museum. www.nrm.org.uk

#### Wear an official commemoration of an icon of the rails

Commemorate the steam locomotive that earned a place in the annals of railway history, with the Flying Scotsman  $90^{\text{th}}$  Anniversary Non-Stop Run Men's Watch - a first-of-a-kind unique to The Bradford Exchange and officially licensed by the National Railway Museum (UK).

#### Handcrafted with gold-plating and genuine leather

This handcrafted watch's face showcases original art of the iconic engine thundering down the tracks, with crisp white smoke billowing behind it. Surrounded by a gold-plated stainless steel casing, the face also depicts a time dial, embellished with the anniversary dates: 1928 and 2018. The precision Quartz movement watch features a genuine leather strap, and the reverse is engraved with the 90th anniversary dates and half-way sign.



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# REMEMBRANCE DAY



### A snapshot of this year's commemorations, and what the day means to RSL NSW members.

emembrance Day offers a chance to remember the service and sacrifice of veterans past and present, with this year's services marking 104 years since the end of World War II.

In Sydney, commemorations began early with a gathering of RSL NSW members, veterans and their families, current Defence personnel, and the public. As the Last Post rang out over the harbour at sunrise, poppies lit the sails of the Opera House.

Later that morning, crowds converged on the Cenotaph in Martin Place for the main Remembrance Day service. Wreaths were placed by The Honourable Margaret Beazley AC KC, Governor of NSW, The Honourable Anthony Albanese MP, Prime Minister of Australia,





The Honourable Dominic Perrottet MP, Premier of NSW, and other notable guests.

RSL NSW President Ray James OAM placed a wreath and read the *Ode*, with the concluding sentiment of "We will remember them" being echoed by all those in attendance.

At the end of the ceremony, veterans, their families and members of the general public were welcomed to come forward and lay their own wreaths at the base of the Cenotaph.

Clockwise from top left:

Veterans arrive at the Remembrance Day service in Martin Place.

Onlookers assemble for the service.

The Honourable Margaret Beazley AC KC, Governor of NSW.

Three current serving members. The Army bugler performs the 'Last Post' in front of the Opera House at Circular Quay. RSL NSW President Ray James OAM.

### In their own words

RSL NSW members share what Remembrance Day means to them, which part of this year's service resonated most and how the service has changed over the years.



#### **Terry James**

"Coming in on the train, I was worried people wouldn't be interested. But when I arrived, I was completely at ease."



#### **LTCOL Robyn White**

"I'm still a serving member, so I'm always reflecting on my service and the service of others. It's important that we remember and honour the servicemen and women who have come before us."



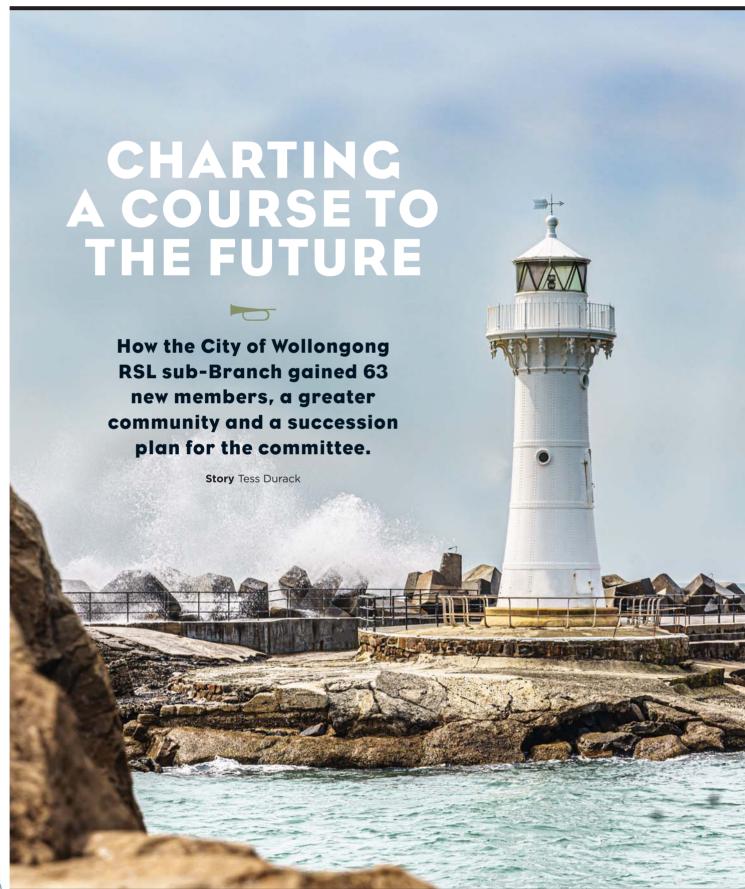
#### Shaun Parren

"Connecting with other veterans is so important. You get to speak with people you've never met in your life, but who have the same background. It's a welcoming environment with a lot of camaraderie."



#### John Napier

"Remembrance Day used to be more ceremonial, all spit and polish with a lot of boot stomping and soldiers doing their thing in front of the veterans. Now, it's become much more relaxed and veteranoriented – an opportunity to sit and contemplate the people you lost."





hen Peter
Lipscomb set
out to build
a succession
plan for the
City of Wollongong RSL subBranch, he determined early on
the need to offer social, sport
and recreation opportunities
to the entire community.

"Most people won't join their local sub-Branch just to get welfare support or to help organise commemorative activities," says Peter, though he knows those functions are critical. "You also have to get people interested through social activities."

Peter, who served in the Navy from 1980 to 2000, was a member of the sub-Branch for 11 years before putting his hand up for a leadership role in early 2020.

"When the new committee was formed, we did a full review of our member database, and even knocked on doors to make sure we had the most up-todate information," he says.

"The database listed 165 members, but we found only 110 were still active. We set out to contact as many lapsed members as possible to see why they were no longer active."

The committee also made an effort to engage younger veterans, and has now welcomed three new members under the age of 40 - including the first woman to join the committee in the sub-Branch's history.

"The sub-Branch is more than 100 years old," says Peter. "It



Peter Lipscomb knew informal social activities would complement formal events.

has been well managed and organised by its members over the years and is in a strong financial position. We don't want to see that go away, and we aren't going to be here forever.

"So we're really passionate about having a succession plan, leaving something that's easy for the next person to pick up. We need younger members to make sure that happens."

#### A meeting of minds

To reach those potential younger members, Peter has partnered with the Royal New South Wales Regiment's 4th/3rd Battalion, or 4/3 RNSWR, a Reserve light infantry battalion based in the Illawarra and Southern Sydney region.

"We've had a lot to do with the 4/3 over the years," explains Peter. "They provide the Catafalque Party on ANZAC Day and all of our other commemorative events."

After one of these events Peter met Corporal Daniel Langmaid CPL, Section Commander of »



#### BOOST MEMBERSHIP VIA SOCIAL MEDIA AND ONLINE

One of the first actions
Peter Lipscomb took after
becoming Secretary and
Treasurer of the City of
Wollongong RSL subBranch was to create
social media pages.

"With that infrastructure in place," he says, "we can let one of our younger members loose on it and really leverage those platforms."

RSL NSW's simplified membership process, which allows veterans to join the League online and select their sub-Branch, has also helped, as has Peter's connection with Corporal Daniel Langmaid CPL of 4/3 RNSWR.

"We can put a QR code up on the unit's social noticeboard, and Dan lets people know it's there," says Peter. "It makes it so much easier for them to join up.

"We can always tell when Dan has referred to it because we get a couple more members signing up."



### 14 Membership

### HOWTO **SHOW** COMMITMENT TO COMMUNITY

The sub-Branch recently committed to providing a scholarship worth \$5,000 to a Wollongong University student who has served overseas, or who has a parent or grandparent who has served overseas.

"That will be another way we can demonstrate how committed the sub-Branch is to supporting vounger veterans in the Illawarra community," says Peter.

RSL NSW enourages sub-Branches, where possible, to donate to the Veteran Support Fund, which allows RSL NSW to administer local and statewide initiatives such as veterans' scholarships, in line with our chaitable purpose of supporting veterans and their families.

"It's not always easy for the 4/3 men and women to get to a Monday evening meeting. They have jobs and family commitments. So now we hold more informal meetings at the unit mess on weekends."

— Peter Lipscomb

the battalion's Bravo Company and President of the Bravo Company Mess Committee.

"I met Dan after an event we sponsored where he'd been part of the Catafalque Party," recalls Peter. "We got talking about what might be possible.

"I knew if we could connect with them socially, that would be a way to increase our numbers."

And Peter had a plan to bring those extra members into the committee.

"Look for your 'champions' among those numbers - the three or

**Bravo Company has become** an important partner in the sub-Branch's future.

four who will eventually join the committee and be part of the sub-Branch's future," he suggests.

Dan shares Peter's vision for the sub-Branch.

"The approach the sub-Branch has taken to promote membership has been innovative and far reaching," says Dan, "It can be really flexible in the way it supports its members."

#### **New connections**

Inclusive, family-friendly events have been crucial to developing the connection between the 4/3 and the City of Wollongong sub-Branch.

The sub-Branch introduced informal meetings, which don't replace the monthly general meetings, but instead create more opportunities for connection with the 4/3 and serving members' families.

"It's not always easy for the 4/3 men and women to get to a Monday evening meeting," explains Peter. "They have jobs and family commitments. So now we hold more informal meetings at the unit mess on weekends.

"I'll do a short financial update, let them know about membership numbers and any upcoming events, and then we have a barbecue. The kids play table tennis and maybe we'll







★ Table tennis and BBQs are two of the activitites on offer at the sub-Branch.

put a football game on the television to watch together."

At the first meeting with the 4/3, more than 30 people turned up and the sub-Branch gained eight new members.

"We've had 63 new members since 2020," says Peter. "Twentyeight are from Bravo Company, and 24 of those have joined since I started working with Dan."

The arrangement also has a payoff for the 4/3.

"I see it as mutually beneficial," says Dan. "The sub-Branch members seem to enjoy seeing what's going on at the unit and maintaining a connection to Defence, and we get to see that it's possible to maintain relationships with those you have served with when you leave Defence.

"Inviting sub-Branch members to our unit for social activities builds connections and opens up conversations. The friendly banter is top notch and often they've had similar lived experiences, with funny stories or advice they can pass on."

#### **Proudly local**

A personal approach to potential new members respects their backgrounds and deeply understands their pride in the community they are part of.

"My mates at the unit are proud of where we come from," explains Dan. "If we are deployed domestically or overseas, that really matters to us – we are representing the Illawarra.

"Our identity in that sense is important. We have a lot of respect for this area and the sub-Branch is an extension of that."

And Peter says the City of Wollongong sub-Branch's focus is keenly on the future so that it can remain an integral part of the local community.

"We know that two or three of these young ones from 4/3 will eventually sign up for the committee," he says. "We know we can't do this forever and now we feel confident that we've got people who can learn and take over when the time comes.

"That gives me a sense that we'll be okay. I think the future looks bright."

# INSPIRE PARTICIPATION WITH SOCIAL EVENTS

Sport and recreation
are set to play an
ever larger role in the
ongoing efforts of the
City of Wollongong
RSL sub-Branch to
support existing
members and encourage
new ones to join.

A touch footy team, a regular golf day and even a monthly fishing comp are on the cards – and will be open to all veterans.

"We won't make membership a condition to participate in any of these activities," says Peter.

He describes the importance and popularity of lawn bowls with the older members – he is keen to make it accessible and enjoyable for them.

"While we are committed to recruiting a new generation of veterans, we want to make sure we look after our existing members," says Peter. "We have five members currently who have been members of the RSL for more than 50 years – that's really important to recognise and respect.

# OUR COMMUNITY HEROES

RSL NSW exists to support veterans and their families across the state. Meet some of the many members who make a difference in wellbeing, advocacy and more.

Story Chris Sheedy



ust as the Australian
Defence Force is
powerless without its
soldiers, sailors and
aviators, RSL NSW and
its partner charity RSL LifeCare
rely on a community of helpers
passionate about supporting
veterans and their families.

From DVA claims advice to fundraising, health and wellbeing

assistance to recreational activities, housing aid to the simple offer of mateship, these stand-out individuals make a real and measurable difference in the lives of veterans – and RSL NSW is the conduit between them all.

Here are the stories of four community heroes whose everyday work improves the lives of veterans across the state.







— Kerrie Lees

#### **KERRIE LEES**

LEVEL 3 COMPENSATION **ADVOCATE** 

TAMWORTH RSL SUB-BRANCH

A couple of years ago, before I started in this role, I saw several of my friends transition out of Defence without any idea about which entitlements they might be able to access. I didn't want to be in that situation, so I made it my business to know everything I possibly could prior to transition.

This is vitally important. It's not trivial. It doesn't matter which service you're from, when you transition out you lose a part of your identity. You struggle with that, and it just makes things more difficult when you then have to worry about injuries and medical issues that will cost you money, the endless forms you have to fill in just to go to the chiropractor, and so on. »

It makes the process so much easier if someone can explain exactly what is required. It takes the pressure off, so the veteran doesn't have to spend time worrying about the little things.

I've come to know a lot of veterans personally through this work. One veteran and his partner came to me and they were extremely confused about the claims process. He wanted to claim for an online course but didn't know if he could do so. I helped him through that and organised some psychological help for his mental health.

As he grew stronger, his claims started to be accepted. I've

"I find it really satisfying when I work with someone who's struggling, help them out and see the positive effects of what I do."

- Kerrie Lees

seen his life change over the time he's been with me. He has bought a new house, had a baby and is getting treatment for his injuries. He's doing really well now.

It's not a quick process, but that's okay. It shouldn't be.

It is a journey for both the advocate and the veteran. But if it's done right the first time, it only has to be done once.

I was a medic for 26 years in the Army. I enjoy this work. I find it really satisfying when I work with someone who's struggling, help them out and see the positive effects of what I do. At the end of the day, I can see in their eyes that everything's going to be okay.

Some of my clients tell me that I have changed their lives, that I was an important part of their journeys to recovery. That's amazing for me. To know I've been able to offer them some peace of mind is really satisfying.



#### **BECOMING AN ADVOCATE**

#### **OR CLAIMS ADVISER**

Those who wish to become a Compensation Advocate or Wellbeing Advocate must be nominated by an ESO such as RSL NSW.

Candidates begin with the Advocacy Training and Development Program's (ADTP) Level 1 course, which then leads to being registered and working under a mentor.

Then, it's a matter of building relevant experience and knowledge, completing

assessments, and working your way up through the levels.

At each level, advocates perform more complex tasks and claims assessments.
At Level 4, for instance, the advocate can present cases before the Administrative Appeals Tribunal.

"The biggest challenges for people wanting to become advocates are finding a mentor and the availability of clients or cases for the candidate to perform the various modules or milestones as part of their training," says Compensation Advocate Bill Forsbey.

"Along the way, the advocate must demonstrate their knowledge and proficiency in certain areas.

When they have completed the relevant milestones and passed a face-to-face assessment by accredited ADTP assessors, they're accredited to that particular level."







### BARBARA LUNNON

AUXILIARY MEMBER

FORESTVILLE RSL SUB-BRANCH

The RSL Auxiliary organises fundraising, but it's much more than that. We help the sub-Branch in any way we can. We engage different parts of the community in the RSL. We transport members who are not able to drive, bringing them to meetings and functions so they remain connected.

It's a great role, but when I was new I had to learn its direction. My husband had been on the sub-Branch committee and became President after a few years. I then became the Patron of the Auxiliary, a role that no longer exists.

As I was learning my way around, I read the *Reveille* magazine and there was an article asking for volunteers for token packing at ANZAC House. I gathered members of our Auxiliary to go along with me to help pack tokens.

That day we met and got to know members from other Auxiliaries, and exchanged ideas about what we do and how we do it.

The people from Kingsgrove RSL sub-Branch Auxiliary were planning their 70th anniversary celebration and invited us along. It proved to be a lovely event, and we have developed an inter-Auxiliary connection throughout sub-Branches.

Within the Auxiliary it's good to involve as many people as possible, from within the RSL and outside. The fundraising means we're helping veterans and their families in need but we also have members who are ageing and may not be able to get to events by themselves. We offer to pick them up help them stay involved.

We often invite people from the general community to be involved in our fundraising events. For Remembrance
Day, for example, we made
poppy badges to sell - very
simple things with felt, fabric
and scissors. Lots of people
in the community helped us
by making poppies that we
sold for a gold coin donation.
They're perfect for families
who want a little something to
explain to their children.

Behind all of that is the fact that it has been very healthy for people to get together and bond over a common purpose and the same goals. It includes people from several different community groups, such as clubs, church, craft and sports groups. They have all been happy to help and contribute.

We also let them know about what the RSL does and talk to them about Auxiliary membership. It can create a domino effect as they realise how easy it is for them to help veterans and their families.

I find it all very satisfying. When you give, you don't expect to receive. Yet, along the way I've met wonderful people and made great friends while having my input recognised and appreciated. I do feel I'm part of a wider veteran community which is invigorating and always rewarding.

"When you give, you don't expect to receive. Yet, along the way I've met wonderful people and made great friends while having my input recognised and appreciated." — Barbara Lunnon

### COMMUNITY HERO **JUSTIN** DONNELLY

**OPERATIONS MANAGER** 

**RSL LIFECARE VETERAN SERVICES** 

In October, a woman posted on the Department of Veteran Affairs' Facebook page about her situation. She had experienced financial hardship, family relationship breakdown and homelessness. I reached out to her directly and within 48 hours she was linked into our services.

A week later, she came into our Homes for Heroes program to receive support from our case managers, who helped her with financial assistance, educational opportunities and pathways into affordable and sustainable housing options.

I served more than 12 years in the Australian Army, the last



"If we can keep moving things forward and improving things for veterans, it will absolutely be life-changing for those who have served." — Justin Donnelly



nine in Army Psychology as a Psychological Examiner, where I was a Sergeant. I finished up in December last year, and started looking for employment where I could support veterans and the Defence community, because that's what I was passionate about. That's what attracted me to RSL LifeCare Veteran Services.

I'd had enough shared experiences to understand what soldiers go through. My background has been around supporting soldiers on the ground, so I don't ever want to be too far from the reality of what veterans are experiencing. And my experience with the veteran on Facebook made me recognise I will always have those moments where I realise directly, on a human level, why I'm doing it.

On the management side, my experience in Defence left me with transferable leadership skills that have helped in finding a job in the civilian sector. In the past I've met managers who are not critical thinkers. They're faced with a complex or somewhat dynamic, unfolding situation and they don't know what to do. Military experience helps me to stay composed in these sorts of situations.

Sometimes our dynamic and unfolding situations involve human beings. They might come to us because they're

behind on their electricity bill this month, for instance. When they do, we can run a comprehensive wellbeing assessment to discover the underlying issues. It means we can offer support to help stop the issue from recurring.

We're not a crutch; we don't pay people's bills forever. Instead, we help people recognise their strengths and opportunities. We might link them up with free courses to boost their skills. We link them into support services that help reverse their situation. At all times, we keep the veteran at the centre of their own care journey.

I come from a mental health background where I've responded to critical incidents many times while on operations. I've seen and heard the worst of what humans can do, so I have my own baggage in a sense. But being proactive, I want to keep moving forward, and support people to improve their situation.

The end user is the veteran. The support they don't receive could cost them their life, and we all know I'm not being dramatic by saying that.

So if we can keep moving things forward and improving things for veterans, it will absolutely be life-changing for those who have served.



### A WELLBEING SUPPORT OFFICER

# IN EVERY SUB-BRANCH

The RSL NSW Strategic Plan 2021-2026 outlines a plan to assign every discharging or retiring ADF member a Wellbeing Support Officer.

This Wellbeing Support Officer will be a trained, volunteer RSL NSW member from a local sub-Branch.

They will provide connections to camaraderie and support services, training and employment pathways, housing assistance, health services, and more to ease the individuals' transition and provide assurance.

Wellbeing Support Officers will also be positioned on or near ADF bases to support serving and transitioning personnel.



Find out more in the RSL NSW Strategic Plan 2021-26.



# COMMUNITY HERO

#### BILL **FORSBEY**

LEVEL 4 **COMPENSATION** ADVOCATE

THE CITY OF SYDNEY **RSL SUB-BRANCH / TERRIGAL WAMBERAL RSL SUB-BRANCH** 

I provide advice and direction to help veterans make solid claims with the DVA.

Of course, I also advise people if I don't think a claim can be accepted. We don't want to waste the client's time or the DVA's time by lodging claims that are not going to succeed.

But if I believe a claim is viable, I provide service all the way through to the appeal stage. If I believe the DVA has made an incorrect decision.

I will follow through to the degree allowed.

I joined the RSL in 2006 and worked as Treasurer at the Gosford RSL sub-Branch. One of the gentlemen at that sub-Branch was a Level 4 Advocate, and I was interested in what he did. I thought it looked like very satisfying work. And so. I worked under his direction.

I've now reached Level 4 myself. Along the way, I've had a lot of very good experiences and some very disappointing experiences - people passing away before their claim was accepted, for example.

On the more satisfying side, I once worked with a veteran who had brain cancer, or 'malignant neoplasm of the brain', as it's known in the DVA's jargon. He was having great difficulty getting the DVA to accept, particularly under the Veterans Entitlement Act, what caused the cancer.

After conversations with his specialists and through research, we were able to lodge a claim for him. We established a case that there was a contribution from his time in Defence. That was

accepted by the DVA. He passed away shortly after we had the decision, but he knew his wife would be looked after with a substantial payment from DVA.

Those types of results make me realise that what I'm doing is worthwhile

The change I'd like to see is in what veterans are told by the DVA. The DVA should tell veterans that if they're going to make claims, it's in their interest to seek the advice of a trained advocate.

I don't care if it's a lawver or a Compensation Advocate as long as it's someone who has the necessary training to provide good advice in relation to DVA matters.

At the moment, a lot of the work I get in regards to appeals is from people who have lodged their own claims. They used social media for advice, and most of that information is rubbish.

So I'd like to see people advised to get the advice of an advocate. It's free, and if they decide against it. that's fine. But at least they've been given the best advice up front.

"The DVA should tell veterans that if they're going to make claims, it's in their interest to seek the advice of a trained advocate."

— Bill Forsbev





# HOW TO FIND SUPPORT:

# COMPENSATION & WELLBEING

If you're interested in speaking with a Compensation Advocate or Wellbeing Support Officer, here is some guidance.





#### Visit the Advocate Register website.

Scan the QR code below and use the 'Locate an advocate' function, which allows you to search by region, type and level of advocate.



advocateregister.org.au



# Reach out to your local veteran community.

RSL LifeCare advocates can assist veterans and their families anywhere in NSW. Speak to others in your RSL NSW sub-Branch and community to find out who they recommend.



#### Contact RSL LifeCare Veteran Services.

RSL LifeCare
can help collate
evidence and
supporting
documents,
complete and
lodge paperwork,
liaise with the
DVA, clarify the
process and more.



rsllifecare.org.au/ veteran-services/



#### Note that a specialist advocate might not be in your region.

If you hear of an advocate who has specialist knowledge but they're not in your region, get in touch.

Specialist advice and experience could make a big difference.



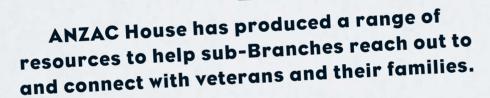
#### If you are still serving, seek advice before transitioning out.

Attend seminars and seek resources to support you as you transition. If you're transitioning and seeking an advocate, RSL LifeCare can help.



rsllifecare.org.au/ veteran-services/

# MEMBER RECRUITMENT TOOLKIT



o modernise, innovate and reassert itself as the leading advocacy service for veterans in local communities, RSL NSW has identified a need for change and new members – fresh faces to help support existing sub-Branches and executives, and revitalise the organisation at sub-Branch level.

The new RSL NSW Member Recruitment Toolkit contains all manner of marketing collateral and resources to help RSL NSW members lead the charge for change at their sub-Branch. Launched at RSL NSW Congress, the toolkit contains:

- Advertising material, such as signage, posters and banners, to help you publicise your sub-Branch to local veterans and their families.
- Social media resources, templates and guides so you can put your sub-Branch's best foot forward.
- Event-in-a-box collateral to help create opportunities to speak with local veterans and build community.
- A new member welcome kit, to turn interest into long-term membership and active sub-Branch involvement.

The toolkit is free to download for all sub-Branches, which are then able to print, produce and disseminate the material locally. Here's a glimpse at what's inside.









#### **Event in a box**

# Poster, 'ask me' badges, pull-up banner and A-frame

In-person events present opportunities for sub-Branches to promote the benefits of membership to the community.

The toolkit includes designs for a poster, pull-up banner and A-frame sign with QR codes to join; and a badge for members to wear at events to invite questions and conversations about membership.

### **Community engagement**

#### Social media tile

Members can post this on their personal social media platforms - it's sized for Facebook and Instagram.

#### **Conversation guide**

If members are unsure how to reach out to local veterans and their family members, a conversation guide contains handy suggestions and starter prompts.

#### **Invitation flyer**

This A5 invitation flyer encourages new members to join RSL NSW, gives a snapshot of the organisation's offering for members, and includes a call to action for prospective members to sign up.

These flyers can be distributed at events, popped in letterboxes, or sent via email or as part of an enewsletter.

#### **New member checklist**

Veterans and family members might not know what to expect when joining, so it's critical to welcome a new member in a friendly way and provide all the resources they need to find their way around the sub-Branch.

Use this checklist of critical steps to get onboarding right and welcome new members to your community. \*









### 26 Membership











### New member welcome kit

#### Intro brochure

This tri-fold brochure outlines in simple and easy terms what RSL NSW is, how to get involved, where to learn more and where members can seek assistance when they need it.

ANZAC House will distribute the brochure to new members alongside their member card and badge.

#### Social media tile

Include this digital asset for new members to consider using on their personal social media platforms, so the new members' contacts can see they have joined the League.

#### New member postcard

Whether it's sent in the mail or handed to someone in person, the welcome postcard reminds new members their sub-Branch is there to help.

There's also space for sub-Branches to add in key contacts and details about upcoming sub-Branch events.

#### Car sticker and 'Ask me' badge

Use these designs to print car stickers and badges for new members to proudly display.

#### Social media resources

#### Social media guide

Social media can help your sub-Branch connect with people even when you can't reach them in-person.

This guide outlines the steps to set up an account on Facebook and Instagram, how to start posting, and suggestions for content your sub-Branch could share.

#### Social media assets

A collection of designed tiles and images enable sub-Branches to promote the benefits of membership to an online audience.

They also ensure that even as we deliver veteran support locally, we are all working together under the one brand.





#### DOWNLOAD THE TOOLKIT

Be the stewards of change at your sub-Branch. Promote the benefits of membership with RSL NSW.

Use the QR code to access the Member Recruitment Toolkit today.







# DINING WITH HISTORY AT NSW PARLIAMENT HOUSE







### UNLOCK THE HOUSE





#### STRANGERS' RESTAURANT

Open for lunch, Monday to Thursday, 12pm to 3pm

Monday to Thursday - 3 Course Lunch - \$78 pp

A la carte menu also available

Minimum Numbers 2 | Maximum Numbers 20

Bookings can be made online



Explore, discover and experience the living history of Australia's oldest Parliament House.

Free tours Monday and Friday at 1:30pm

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SALES.CATERING@PARLIAMENT.NSW.GOV.AU

RESTAURANT: 02 9230 2124 TOUR DESK: 02 9230 3444



"RSL is an extraordinary organisation of extraordinary people doing extraordinary things," said RSL NSW CEO Jon Black on day one of RSL **NSW State Congress and** AGM, held from 31 October to 1 November at the Newcastle **Exhibition Centre.** "We can make the most of it when we all work together - we all proudly wear the same badge."

That theme - of working as one RSL to drive extraordinary outcomes locally and across the state - carried throughout the two days, as MC Catherine McGregor introduced sessions in which the RSL NSW Board and ANZAC House leadership were joined by RSL sub-Branch members and external speakers including The Honourable Margaret Beazley AC KC. Governor of NSW; Chief of the Australian Defence Force Angus Campbell; Department of Veterans' Affairs Repatriation Commissioner Don Spinks AM: Commissioners of the Royal Commission into Defence and Veteran Suicide: and more.

**RSL NSW CEO Jon Black** addresses the crowd.







Greg Melick
President, RSL Australia

RSL Australia President Greg Melick dived deep on issues facing the veteran community.

"I take the view that you don't try to embarrass a government into doing things; you try to talk them around," said Melick. "The arrangements I've had with various ministers is that I will lobby them. If I can't get what I want it's usually because they can't get what they want."

Melick explained that this approach recently resulted in \$267m to increase DVA staffing and systems, but that there is still work to do – still a problem with DVA processing claims and still a lack of mental health professionals in Australia, and RSL continues to work closely with the DVA to support improvement.



The Honourable Margaret Beazley AC KC

**Covernor of New South Wales** 

"You've had to change from doing things that you've done for a long time in a way that you've done them for such a long time," The Honourable Margaret Beazley AC KC, Governor of New South Wales, told Congress, reflecting on the difficulties involved in change, particularly in large organisations.

The Governor commended RSL NSW's future focus and commitment to implementing the Strategic Plan 2021-26.

"The plan's case for change remains compelling, and I encourage you to keep up your support for its ongoing implementation and to think strategically – and to think strategically as one while passionately and fearlessly acting locally," said the Governor. "That is a challenge but it's a terrific challenge."



Jen Reynolds
RSL NSW Sport and Recreation
Project Manager

Delegates heard from RSL NSW Sport and Recreation Project Manager Jen Reynolds and members who had participated in the Sport and Recreation Pilot about its impact on their sub-Branches and community.

Jen listed the pilot's goals:

- Support veteran wellbeing through social connection and camaraderie.
- 2. Create an inclusive environment for veterans' families.
- Grow community connection through partnership with local businesses, including veteranowned businesses.
- 4. Increase member engagement and attract new members.

"We have achieved everything that we set out to achieve." said Jen. "The two participating districts saw significant increases in membership growth making them the first and fourth fastest-growing statewide.

"We saw connection among our sub-Branch members grow. We saw growth in connection among sub-Branch members within neighbouring sub-Branches and, really excitingly, we saw 20% increase in connection within our wider veteran community. We also saw an increase in physical health as well."





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L-R: MC Catherine McGregor, delegates at State Congress, the end-of-day social event at Bar Beach Bowling Club.

### **AWARDS & HONOURS**

Congratulations to the sub-Branches, Auxiliaries and community members recognised with awards and honours – your contributions to the League and our community are greatly appreciated.

#### MERITORIOUS SERVICE MEDAL

The Honourable Margaret Beazley AC KC, Governor of NSW, and RSL NSW President Ray James presented Meritorious Service Medals to two members.



#### John Balfour Forestville RSL sub-Branch

Balfour, who served in the Australian Army for 47 years, joined the RSL in 1987 and became a Life Member in 2018. Locally, he conducts welfare checks for more than 80 members and liaises with schools on activities and grants that honour the legacy of veterans' service.

Balfour has also been a Marshal at the Sydney Anzac Day March since 1972, serving for 12 years on the Anzac Dav March executive committee.



#### **Elwyn Spencer** City of Campbelltown **RSL sub-Branch**

A member since 1966 and Life Member since 2007, Spencer served as his RSL sub-Branch's Welfare Officer for more than 15 years, joined the sub-Branch's executive, and served behind the scenes and as March Marshal and Master of Ceremonies for Anzac Day and Remembrance Day services.

#### LIFE MEMBERSHIP

John Graham Slender Ramsgate **Roger Perry** Malabar Norman Keith Wilson Finley Alan George Wright Dee Why **Thomas Hobbs** Toukley Robert David Alen Williams Wagga Wagga Peter Gordon Fidden Karuah Raymond Henry Strong Berry **Brian Boughton** East Maitland Russell Durrant Nelson Bav Phillip Archibald Evenden Castle Hill **Ronald Grace** City of Parramatta George William John King ANZAC House **Thomas Lupton** Nelson Bay Joseph Benoit Malaquin Inverell Robert McLaren Moss Vale Brian Arthur McLennan Inverell Jacqualyn Perring Mudgee Geoffrey Schuberg Cronulla **Ronald Charles Shaw** Cronulla **Robert Thomas** Drummoyne **Stanley Thomas** Merrylands Brian Joseph Walters Castle Hill and District Paul Warren Milton-Ulladulla Robert Wilson Alstonville Paul Zaat Cronulla

#### **AUXILIARY LIFE MEMBERSHIP**

Beverly De Loas East Maitland Betty Molloy Gundagai Valda Hindmarsh Gundagai Sue Hardy Young Margaret McGlynn Young

"RSL is an extraordinary organisation of extraordinary people doing extraordinary things." — Jon Black





# CERTIFICATE OF APPRECIATION

Mary Cooper, RSL NSW Membership Supervisor, was awarded a Certificate of Appreciation for 25 years of service to the League by The Honourable Margaret Beazley AC KC, Governor of NSW.



#### LADY WOODWARD CUP 2022

The Lady Woodward Cup recognises exceptional achievement of RSL Auxiliaries across areas of fundraising and community engagement and support.

1st City of Lismore Auxiliary
2nd Wingham Auxiliary

**3rd Forestville Auxiliary** 



#### STATE PRESIDENT'S SHIELD

Congratulations to these sub-Branches:

Balgowlah-Seaforth-Clontarf
Bondi Junction-Waverley
City of Bankstown
Cumberland
Glen Innes
Ingleburn
Inverell
Maroubra
Seven Hills-Toongabbie-Wentworthville

▲ Bondi Junction-Waverley RSL sub-Branch President Bill Harrigan is congratulated by RSL NSW President Ray James.



#### CUMBERLAND RSL SUB-BRANCH ANNOUNCES GENEROUS SUPPORT

On day 2 of Congress, a generous contribution of \$2 million from the Cumberland RSL sub-Branch to support the implementation of the Strategic Plan 2021-26 was announced.

Sub-Branch President Greg Read, Treasurer Paul Hughes and sub-Branch members are aligned with the State Branch's strategic direction.

Recognising that the sub-Branch had the funds available, members decided to invest in the future of RSL NSW and our charitable purpose across the state, without detracting from local service delivery.

# WATCH THE FULL PROCEEDINGS

Scan the QR codes to watch the full proceedings of RSL NSW State Congress day one and day two including the AGM on YouTube.





DAY I Congress

DAY 2 AGM





**TENTERFIELD** 

# SURPRISE RECOGNITION FOR SUB-BRANCH STALWART

When he was invited to a dinner at the Tenterfield Golf Club, former Army engineer Perry Condrick was completely unaware of the surprise that awaited him.

After serving in Vietnam, Condrick was discharged in 1969 and joined the Tenterfield RSL sub-Branch three years later. He went on to become Secretary and Treasurer, and the dinner was to recognise his 50 years of service to the RSL and to the Tenterfield RSL sub-Branch.

"Perry was totally floored and humbled," said Tenterfield RSL sub-Branch President David Stewart, who presented him with the award. "I had a bit of trouble keeping my emotions under control." Perry Condrick (centre), flanked by Tenterfield RSL sub-Branch President Dave Stewart and Barbara Condrick

Group Captain lain Carty presents George Smith with his RAAF memento.

Balgowlah-Seaforth-Clontarf RSL sub-Branch President Arthur Ball and RSL NSW President Ray James OAM.





## GRAFTON A ROLE MODEL

# FOR ALL George Smith, a former

George Smith, a former RAAF aviator and World War II veteran, has been honoured by Grafton RSL sub-Branch with a special commemorative memento that honours him as an RAAF centenarian.

The distinction, presented by RAAF Group Captain Iain Carty, comes after Smith celebrated his 100th birthday earlier this year.

Smith grew up on a dairy farm before joining the RAAF aged 18. He trained as a flight mechanic, worked on Curtiss P-40E Kittyhawks, and later spent time in Morotai Island, Labuan and North Borneo.

He was joined by his daughter, son-in-law and four grandchildren at the presentation, held at the Grafton District Services Club.

#### **BALGOWLAH-SEAFORTH-CLONTARF**

#### \$50,000 DONATION TO RSL LIFECARE VETERAN SERVICES

Balgowlah-Seaforth-Clontarf RSL sub-Branch has donated \$50,000 to support RSL LifeCare Veteran Services via RSL NSW's Veteran Support Fund.

RSL NSW President Ray James OAM received the cheque, which will support RSL NSW's charity partner.

Almost 50 members attended the event to celebrate the donation – an even greater number than those who normally attend sub-Branch meetings.







# HISTORIC MOU SIGNED

The Corrimal RSL sub-Branch has signed a historic Memorandum of Understanding (MoU) with the Illawarra sub-Branch of the Vietnam Veterans Association.

Speaking at the signing, Corrimal RSL sub-Branch President Morrie Gallina said that the MoU represents a partnership between the two organisations.

"Regrettably, age will weary us all with the passing of time," he said. "This historic MoU will form a partnership where we will become patrons and look after you once you are unable to do so.

"The Corrimal RSL sub-Branch will give the Illawarra sub-Branch of the Vietnam Veterans Association the confidence, clarity and peace of mind that its commemorative services will continue into the future."

The President of the Vietnam Veterans Illawarra Sub-Branch Ian Birch remarked that the partnership would "ensure the continuation of the legacy left by our foundation members".

A day prior to the signing, sub-Branch members attended an open day for Vietnam veterans organised by the Historical Aviation Restoration Society, which simulated the 'hot insertion' of a Huey gunship helicopter onto the Corrimal Rangers Football Club soccer field to mark and support the MoU signing.

#### Λ

Top left (L-R):
Former Huey
Pilot Vic Battese,
Secretary Murray
Bolton, President
Morrie Gallina,
Advocate/
Wellbeing
Officers Henri
Johnson and
David Thompson,
Vice-President
Charles Everson.

Top right: An open day marked the MoU signing.

Jim Stott (L) receiving his certificate from Karuah RSL sub-Branch Vice President Alistair Third.

#### KARUAH SIIR-RDANC

#### SUB-BRANCH RECORD BROKEN

Congratulations were in order for Karuah RSL sub-Branch member Jim Stott as he received his 50-year membership certificate.

He is believed to be the first member of the sub-Branch to receive such an award.







# COULBURN LOSS OF A LECEND

The Goulburn RSL sub-Branch has lost a local legend with the passing of its patron and long serving member, George Alfred 'Peter' Lloyd AC OBE MID, aged 101.

Lloyd served in the Middle East and New Guinea, and never failed to show up for ANZAC Day services in Goulburn. He has been remembered as a beloved mentor, friend and colleague, as well as a thrillseeker who completed a parachute jump every five years from his 75th birthday right up until his 100th.

The Goulburn RSL sub-Branch also recently recieved a grant with RSL NSW's support to support the installation of a plaque at Trinity Catholic College in Goulburn, remembering lives lost in 21st-century conflicts.



Richmond RSL sub-Branch President Ron Gray receiving his certificate from sub-Branch Vice Presidents David Taylor (L) and Don Bartlett (R).

# MOAMA MEMORIAL GARDEN OPENED

The opening of a memorial garden in Moama has attracted more than 250 people. Attendees included Vietnam veteran William 'Yank' Akell, veteran and Moama RSL sub-Branch chaplain Father John 'Tink' Tinkler and RSL NSW President Ray James OAM.

The veterans swapped stories and told of the



bonds that formed during conflict, including the unique relationship between Akell and Tinkler, both of whom served in Vietnam.

Moama RSL sub-Branch President Ken Jones and William 'Yank' Akell at the opening of the memorial garden, attended by more than 250.

# RICHMOND HALF A CENTURY OF SERVICE

A recent general meeting of the Richmond RSL sub-Branch was made especially memorable with the presentation of a 50-year membership certificate to sub-Branch President Ron Gray.

Gray, an Army veteran who originally joined the Blacktown RSL sub-Branch, transferred to Richmond in 1999 where he has served as Welfare Officer, Vice President and President.

He is a keen golfer, a Justice of the Peace and proud grandfather.

#### 36 Sub-Branch news



#### **MAROUBRA A TREK TO** RETRACE **FOOTSTEPS**

The Maroubra RSL sub-Branch has provided financial support to a commemorative trip for serving ADF members to the Kokoda Track.

The sub-Branch contributed \$5,000 towards porterage for participants on the trip, which marked the 80th anniversary of the Maroubra Force - the infantry force that later fought on the Kokoda Track in 1942.

The two-week expedition featured members of the

16th RWAR Battalion and the 39th OSB Battalion, who retraced the track in opposite directions - the 16th trekking from north to south, the 39th south to north, with the two groups meeting for a service at Brigade Hill.

The ashes of Alan 'Kanga' Moore, the last surviving officer of the Maroubra Force's 39th Battalion, accompanied the troops to Papua New Guinea and were scattered at Isurava and Bomana.

A formal service was later carried out at Bomana War Cemetery in Port Moresby.

Maitland RSL sub-Branch **President Fred** Goode OAM, Member for Maitland Jenny Aitchison and **RSL Auxiliary President** Christine Kidd.



Lieutenant Lorraine Cheesewright of the 16th **RWAR Battalion** visits the grave of her great-uncle at Port Moresby (Bomana) War Cemetery.



#### MAITLAND MARKING A CENTENARY

The Maitland RSL Auxiliary celebrated its 100-year anniversary with style - and a tremendous culinary effort.

Members and local leaders gathered at Club Maitland City for a delicious sit-down lunch to mark the centenary, which was attended by Maitland RSL sub-Branch President Fred Goode OAM. Maitland RSL Auxiliary President Christine Kidd and Member for Maitland Jenny Aitchison MP.

The trio was joined by Auxiliary members Peggy Hume and Helen Rae for the cutting of a rather sizable cake in vibrant blue and yellow.

The event attracted 45 attendees and raised \$400 for the sub-Branch.

"All the money stays in Maitland, and it goes towards helping the veterans out if they've got any kind of problem, and they can come and ask for help," Kidd told the Maitland Mercury.

#### **SHOALHAVEN HEADS**

#### STRONG TURNOUT AT TRANSITION DAY

Representatives of the Shoalhaven Heads RSL sub-Branch attended a transition seminar for serving members in Nowra. The event was also attended by RSL NSW Chair Sophie Ray.





# Join RSL NSW

No fees, simple sign-up, open to serving members and veterans







There should be no barrier for any current serving member or veteran of the ADF to join RSL NSW. That's why we've made membership fee-free.

#### Members receive:

- > A membership badge
- > Reveille magazine
- > Access to RSL services and support
- > Connection to community
- Mateship and connection to others who have served
- Opportunity to volunteer and support veterans and coordinate commemorations

### Join instantly now.



Scan code to learn more







#### NAVY

**ABNETT, GJ** A106226 ATCHISON, FE S/7034 **BAKER, KG** R62428 BARNES, JK NX38566 **BUCHANAN, SH** R59764 BUCKLEY, WL R121743 BURCHAT, PR R106253 CASHMAN, GW R55916 **EAGLES. BL** 66643 GIBLIN, AW R47340 **GODWIN, SF** 44766 **JOSE, BH** R66585 MARTIN, JL R42230 MCLENNAN, JO R37879 MILLIKEN. RG 34484 NISBETT, JA S10528 **PRESS, RT** R131331 **PRIVETT, AA** 136287 RATCLIFFE, J 90097 REDAELLI, R S/10158 REINHARDT, H R93270 **REYNOLDS, BE** WR3127 RITCHIE, AR R47245 ROBERTS, PJ R93737 **SHIPLEY, B** P66529 **STUART, PT** S126616 TARLINGTON, JR S9826 **TOOTH, HE** 01171 **VOTE, KJ** 267902679 WALLACE, AJ R94342 **WALSHE, VW** 110111 WHITELOCK, JS 135818

#### **ARMY**

**ANDIA, RA** 232622 **ANDRISKE, JF** NX96966 **BAKER, PD** 2783181 **BASTOCK, FJ** 2101632 **BECK, MJ** 28847 **BROWN, RA** 3792342 **BROWN, DV** 2785016 **BURKE, M** N452806 **BYRNE. SJ** 2791096 CANUTE, EV NX14721 COLEMAN, JR VF513156 **CURTIS, DC** 2783597 **DAVIES, AD** 2/769055 DAVIES, VW NX87027 **DRINAN. L** 29338 **FELL, WT** 2/400538 FITZSIMON, JA 216966 **FOSTER, GA** 231119 GARRETT, IG NX169017 **GAWNE, RG** 1081 GOODFELLOW, GJ 217351 **GOODWIN, K** NX165987 GRAVES, RA NX177449 **HARLEY, WD** 38363 HARRY, JE NX90761 **HAUSMAN, WW** 289525 HERBERT, CL NX134943 HORSLEY, FC N205526 **JAGO, KA** 217926 **JOHNSTON, AT NX191017 KEARNEY, JA** 8259790 **KING, BO** 2747202 **KITSON, IM** NX109100 **KOENDERS, OH** 329275 LAZARUS, KJ NX203809 **MANSON, JJ** 2898374 MCCANN, AR A2/4025 MCDONOUGH, JI NF435281 MCGREGOR, CW 215235

MCKENZIE, K NX87771 **MOORE, PJ** 2792264 **MUDDLE, EJ** N155685 **MUSCAT, RE** 2/410791 **NEWCOMBE, BA** 214782 **NOLAN, GA** 8262458 **OAKES, A** NX153769 **O'LEARY, D** 22654871 **OLIVER. D** NX100388 PATERSON, FT NX202981 **PHELAN, HF** N273696 **PHILLIPS, K** 2778482 PICONI, RW NX111711 PURVES, MJ NX142585 **REGAN. W** NX206000 **REID, PM** 235274 ROBINSON, JB NX140933 **ROSSER, PG** 58709 **RYAN, RB** NX69456 SALWAY, CG NX500317 **SCALES, JF** 2412308 SCARBOROUGH, RS NX56768 **SCASE, S** NX115598 **SCULLIN, P** 43931 **SHARP, EJ** 216006 **TESTER, 0** 3/401102 VRANKOVIC, I 46980 **WEERS, J** 3794936 **WILLIE, K** 232061 WOODWARD, JH NX49832

YELDHAM, PA ARMY

### 40 Last post



#### **RAAF**



ALLEN, JC 438988
ALLEN, B 436233
ANSTEE, DG A49420
BARNES, AW 164304
BELDZINSKI, JE R113560
BOLDEN, BA A316135
BOWDEN, RE 124628
BURGESS, ER A224310
BYRNE, KP A230840
CEREZO, IJ 165765
COX, RJ 138479

DEVEREUX, IE 215145
DOBBIE, GN A227604
EAGLE, JC 438988
ELLIOTT, IC A21033
GEORGE, R 433811
HALL, TN 422553
HARDING, IJ A511354
HARRISON, RM 105753
HOOPER, AB 71184
JELFS, NF 221960
JOHNSON, JD A19812
JUDD, RH 403517
MAIR, J 224371
NORTH, WF 216401

PENDLETON, WD 131347
PETERSEN, NS 161595
PICKFORD, RH 71616
POWER, GJ NX144178
RANSOM, JR A6075
RAYNER, LF 127297
REEN, JN A22265
ROBINSON, GF 131133
STEAD, LV A117693
STOCKTON, MD 23885
WALSHE, VW 110111
WRIGHT, BR 422320
WYLIE, NJ R110582

#### AUSTRALIAN MARINER



GARRAD, TB

The information contained in the Last Post has been provided by the DVA and RSL members. Where possible we have attempted to provide all service details. We regret any missing information.



# Fund the future

Commemoration. Mateship. Advocacy.

As vital now as they were in 1916.

As important now as they will be in 2036.



The future of RSL NSW is not assured. Mobilising the combined resources of sub-Branches is critical to supporting veterans and their families, and ensuring the RSL brand is recognised and respected by the whole community, so the community knows who we are, what we stand for and what we do.

That's why we have launched the RSL NSW Strategic Plan which includes a new funding model for the future. Colloquially called the 'Pooled' funding model, it has two parts: the Aggregated Investment Management Service and the Veteran Support Fund.





"My Future Fund experience showed me the value of alignment of purpose with the pattern of investing and spending to achieve an organisation's objective."

David Murray AO, is the Inaugural Chair of the Australian Government Future Fund Board of Guardians.

David acted in an advisory capacity to the selection process of the competitive market tender. He provided insight into the assessment of risk, governance, and other qualitative factors on the selection of the preferred investment manager for RSL NSW and its sub-Branches.

Invest in the future of the League in NSW.

Please contact Patrick Regan at Morgan Stanley on **(02) 9775 2902** 

Scan the QR code to read about the funding model on the RSL NSW website.





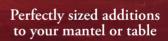
### **OLD BAR BEACH RSL SUB-BRANCH** September 2022

"We had 80 attend this event with another 30 wanting to attend. What a fantastic way to bring veterans and their families together. It was wonderful for mental health, wellbeing and camaraderie. We look forward in hosting another sport and recreation event next month."

- Jeff Earley, President, Old Bar Beach RSL sub-Branch



# LEST WE FORGET 1918 - 2018 -Not Available in Stores!





Accompanied by a remote control for easy usage



Safe LED flames remain on for 6 hours before switching off

#### Shine a light on the centenary of the First World War

On the eleventh hour of the eleventh day of the eleventh month in 1918, the guns of the First World War fell silent... Over eight million soldiers lost their lives during this global conflict, and the world felt the effects of war for decades. Now, on the 100th anniversary of the Great War's end, The Bradford Exchange is honoured to present a striking tribute. The first-ofa-kind 'Lest We Forget' First World War Armistice Centenary LED Flameless Candles are officially endorsed by the Defence Force Welfare Association of Australia and exclusive to The Bradford Exchange!

#### A unique candle trio, with imagery and John McCrae's poem

These three handcrafted flameless candles are adorned with silhouetted imagery of soldiers, in addition to the 'In Flanders Fields' poem by John McCrae and the symbol of remembrance – the poppy. Each candle sits within a bronze-toned removable stand. Activate the LED lights within each wax-look candle with the remote control, featuring on/off function and 6-hour timer!

Mr/Mrs/Miss/Ms

Signature:

#### Not available anywhere else. Act now!

A unique tribute to this centenary, the set is accompanied by a Certificate of Authenticity and our 365-day money-back guarantee. It is available for just 5 instalments of \$35.99 or \$179.95, plus \$19.99 postage and handling. Strong demand is expected, so don't wait. To reserve, send no money now. Just return the coupon or go online today at www.bradford.com.au/lwf



#### Warm LED illumination

Shown smaller than actual size. Measures 10cm in height (small) x 12.7 cm in height (medium) x 15.2 cm in height (large). Each candle measures 7.6 cm in diameter. Each candle requires 3 x 'AAA' batteries (not included). Battery for remote control included

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with Ease

Quote 126649 for 365-day money-back
Interest-free instalm www.bradford.com.au/lwf

Quote 126649 for fast ordering 365-day money-back guarantee Call (02) 9841 3311

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A.B.N. 13 003 159 617

426-TRA02.01

YES! Please reserve the "Lest We **Forget First World War Armistice** Centenary LED Flameless Candles"

for me as described in this advertisement. Phone: I understand I need pay nothing now.

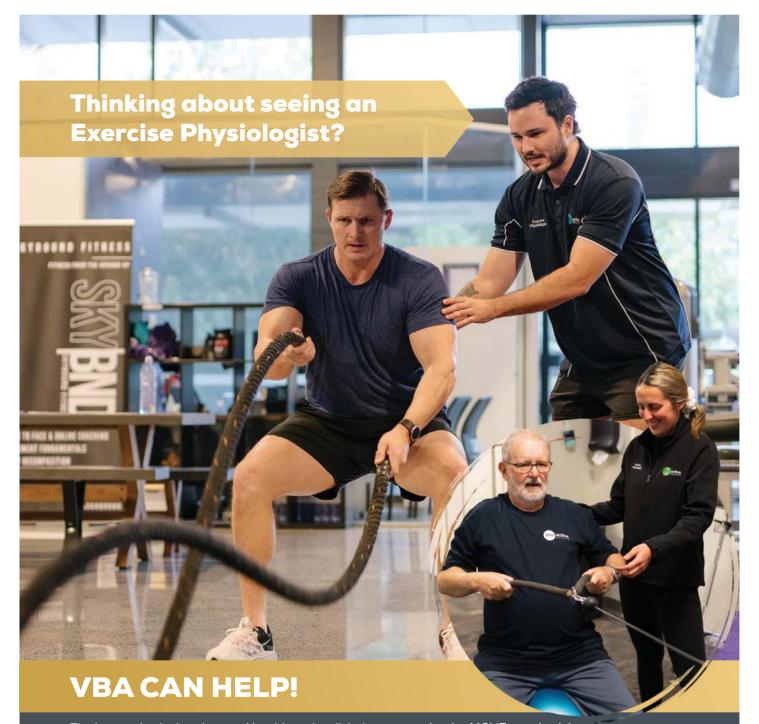
| Surname: |           |
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| Address: |           |
|          | Postcode: |
| Email:   |           |

First Name:

#### PAY NOTHING NOW

- 1. ONLINE at www.bradford.com.aulwf quoting promotion code: 126649
- 3. MAIL no stamp required, to: The Bradford Exchange, Reply Paid 86369 Parramatta NSW 2124
- 2. PHONE: (02) 9841 3311 8am-5pm EST Mon-Fri

Please allow up to 10 business days for delivery. All sales subject to product availability and reservation acceptance. Credit criteria may apply. Our privacy policy is available online at <a href="https://www.bradford.com.au">www.bradford.com.au</a>. You must be over 18 years old to apply. From time to time, we may allow carefully screened companies to contact you. If you would prefer not to receive such offers, please tick this box.



The key to physical and mental health and well-being seems simple...MOVE your body!

Veteran Benefits Australia helps veterans access fully trained Exercise Physiology services across New South Wales and ALL of Australia.



Pain, injuries and access are the biggest barriers most veterans face when trying to incorporate movement into their daily life. How can you overcome these barriers? Seeing an EP with a VBA partner exercise clinic!

Seeing an EP is more than JUST going to the gym! Seeing an EP means:

- Getting Assessed for your injuries and creating a customised exercise plan
- Training in self-directed exercise programs
- Access to a community of like-minded veteran

When you're ready to take control of your health! Let VBA help!

Book a call back with our team today!

